

Black Infant Health Program

of San Diego County



African-American infants are more than twice as likely to die during their first year of life in comparison to all infants in San Diego County.

Together, we CAN make a difference and make sure that all babies are born HEALTHY!

Program clients can:

- Join our 'HEALTHY BLACK MOTHERS' **10-week prenatal and postpartum groups**
"Women who completed group reported they had fun, made friends, and learned information to get ready to have and raise healthy babies."
- Get individual services based on your needs
- Receive referrals for health check-ups and a public health nurse
- Get referrals for emergency clothes, food, housing and more

To enroll you'll need to be a:

- Pregnant African-American woman **OR**
- African-American woman with a new baby (0–3 months of age)

For more information or to enroll call 619.266.7466

ALL BIH SERVICES ARE AT NO COST

Providing Support to Pregnant and Parenting African-American Women

Black Infant Health (BIH) Program



12 N. Euclid Avenue
National City, CA 91950



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The Black Infant Health (BIH) Program is operated in San Diego County by Family Health Centers of San Diego. The BIH Program receives funds from the State of California, Department of Public Health, Maternal, Child, and Adolescent Health Division through the County of San Diego, Health and Human Services Agency and First 5 Commission of San Diego.